

**Turning Point Providence Center  
Assisted Outpatient Treatment Plan**

**CLIENT NAME:** Client First Name Client Last Name

**Life Goal Recommended:** To be healthy and safe, enjoy improved quality of life

**Treatment Goal #1:** Client will be healthy, safe, and secure with increased understanding of mental health diagnosis and patterns that jeopardize independence.

**Objective:** Client will fully participate in Assisted Outpatient Treatment at least once per week to reduce risk factors that lead to more restrictive treatment and jeopardize enduring independence.

**Treatment Goal #2:** Determination will be made regarding current alcohol and other substance abuse that affects day-to-day functioning and mental health. If determined necessary, treatment will be initiated through Turning Point's Certified Alcohol and Drug Counselor and community groups (AA) to support recovery.

**Objective:** Client will learn coping mechanisms to replace the use of substances, and reestablish healthy relationships and positive social activities.

**Client Strengths:** Client has supportive family members and friends. He sees Dr. xxx and yyyy yyyy, MFT on a regular basis. He has participated in and benefitted from a treatment plan in the past.

**Challenges:** Client has a history mental illness involving thought disturbances. Symptoms have placed client at risk of injury to others and grave disability. Non-adherence or inconsistency to prescribed treatment has resulted in multiple hospitalizations and at least one incarceration in the past 36 months.

**Candidate will:**

- Maintain participation and cooperation in mental health treatment as discussed in court.
- Meet with the psychiatrist monthly or more often as needed and follow all prescribed medication orders (this may include oral and/or injectible medications).
- Meet with Personal Service Coordinator at least once per week to address treatment goals. (Rehab Services)
- Accept help from treatment team and other natural or formal supports
- Participate in at least one therapeutic group during treatment
- Utilize learned coping strategies to manage symptoms, reduce stress and support recovery
- Contact treatment team 24 hours a day, 7 days a week for additional support as needed.

**Program staff will:**

- Coordinate interagency involvement to support client treatment;
- Psychiatrist will meet with client monthly to monitor benefits or possible side effects of prescribed medications;
- PSC will meet with client at least once a week to support client rehabilitation and assist client's engagement in multidisciplinary treatment.
- Support client with psychiatric appointments and individualize medication delivery plan to support client adherence.
- Assist client in identifying and engaging in meaningful community activities (classes, work, social, functions).
- AOT Team will provide 24/7 response and support for duration of treatment; assist client with accessing natural and community supports. Staff will maintain confidentiality unless safety for self or others is compromised.

**Authorization: 180 days from court order or settlement agreement.**

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Provider Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Other:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Other:** \_\_\_\_\_ **Date:** \_\_\_\_\_