



Information and General Services Department

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*Information Systems
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Cable Television
Central Services*

*Facilities Management
Purchasing
Emergency Services
Public Library*

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State-Wide Heat Event

Nevada County, along with most of Northern California, will continue to experience temperatures above 100 degrees through Wednesday with slight cooling expected on Thursday. The Nevada County Office of Emergency Services and Public Health are monitoring weather conditions and issues related to extreme heat.

Heat Related Issues

The hottest time of the day is actually late afternoon and into the evening; temperatures can be over 100 degrees as late as 8:00 p.m. Children and the elderly are especially susceptible to heat related illnesses. Know the signs of heat exhaustion and heat stroke. Remember that pets and livestock are also vulnerable and should be cared for properly.

Precautions

Local health officials urge the public to take precautions to avoid heat illness. Everyone is urged to stay indoors where it is cool and drink plenty of water even when you are not thirsty. Avoid strenuous outdoor activity or exercise. Temperatures in the direct sun are often 15 degrees higher than the actual temperature. If you must travel, remember that the internal temperature of vehicles can be much hotter than outdoor temperatures. Never leave children, elderly, or pets inside a vehicle.

If you do not have air conditioning, visit cool places such as shopping centers and movie theatres. The Nevada County Library is open and air conditioned during business hours. Go to: <http://www.mynevadacounty.com/nc/library/Pages/Branch-Locations-and-Hours.aspx> for current operating hours.

For additional questions or comments on any preparedness activities visit the Nevada County Office of Emergency Services at <http://www.mynevadacounty.com/nc/igs/oes/Pages/Home.aspx> or call (530) 265-1515.