

## NEVADA COUNTY BEHAVIORAL HEALTH

P&P No: 123.1	Approved by 
Subject: <b>PRACTICE GUIDELINES</b>	
Effective Date: 04/11/18	

### PURPOSE

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This policy outlines the required standards of the clinical Practice Guidelines that have been adopted by Nevada County Behavioral Health (NCBH).

*References: 42 CFR 438.236; DMH Letter 04-07; MHP-DHCS Contract; DMC-ODS Intergovernmental Agreement.*

### POLICY

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NCBH is required to implement clinical Practice Guidelines which meet the requirements of the MHP-DHCS contract and the DMC-ODS Intergovernmental Agreement, in compliance with state and federal regulations. The NCBH Management Team has identified the following Practice Guidelines for implementation:

- ASAM Criteria
- Medication Management Practices
- Motivational Interviewing
- Perinatal Services Network Guidelines
- SAMHSA Tips/Taps
- Trauma-Focused Care
- Youth Treatment Guidelines

#### ***Practice Guideline Criteria***

The Practice Guidelines adopted by NCBH meet the following criteria:

1. Based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field;
2. Consider the needs of NCBH beneficiaries;
3. Adopted in consultation with contracting health care professionals; and
4. Reviewed and updated periodically, as appropriate.

### ***Dissemination of Adopted Guidelines***

NCBH will inform staff and contract providers of the Practice Guidelines through staff/provider training. As appropriate, NCBH will also disseminate the adopted Practice Guidelines to contract providers upon contract execution and renewal.

The Practice Guidelines will also be included in the web-based NCBH resource library. A link will be posted on the NCBH website for providers to access.

Per regulations, NCBH will provide copies of the Practice Guidelines to Medi-Cal beneficiaries and potential beneficiaries upon request.

### ***Utilizing Practice Guidelines***

NCBH will ensure that decisions for utilization management, beneficiary education, coverage of services, and other areas to which the guidelines may apply are consistent with the adopted guidelines.

## **PROCEDURES**

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1. NCBH staff and providers will be trained on the adopted Practice Guidelines, as appropriate to their job function (e.g., medication support staff will be trained in medication management guidelines).
2. In addition to training, Practice Guidelines will be disseminated to NCBH contract providers through the Provider Manual, which is given to contract providers upon contract execution and renewal.
3. The Practice Guidelines will also be included in the web-based NCBH resource library. A link will be posted on the NCBH website for providers to access.
4. NCBH will provide copies of the Practice Guidelines to Medi-Cal beneficiaries and potential beneficiaries upon request.
5. At least every three (3) years, the NCBH Management Team will review the Practice Guidelines that have been implemented to ensure compliance with the regulations.
  - a. Existing guidelines will be revised, if necessary, and new guidelines may be adopted to maintain clinical standards.