

NEVADA COUNTY MENTAL HEALTH SERVICES ACT (MHSA) PROGRAMS

Community Service and Supports (CSS)			
Program Category	Program	Provider(s) as of FY 18/19	Program Description
Full Service Partnership (FSP)	Children's Full Service Partnership	Victor	Comprehensive 24/7 wraparound treatment for children (age 0 - 17) with serious emotional disturbance or serious mental illness; utilize small caseloads and peer and family supports
	Adult Full Service Partnership	New Directions	Assertive Community Treatment (ACT) for adults (age 18 and up) that includes an individualized service plan and a "whatever it takes" flexible treatment approach that can include housing and employment support; services are available 24/7 with small caseloads
		Turning Point	
General Service Development (GSD)	Expand Intern Program	Nevada County Behavioral Health	Adds service capacity in Nevada County by funding interns and their clinical supervision
	Expand Network Provider Program	Network Providers	Provides funding to network therapists who accept referrals from Nevada County Behavioral Health for program participants with less acute needs
	Expand Adult and Child Psychiatric Services	Nevada County Behavioral Health	Expanded children's and adult psychiatry and case management services
	Co-Occurring Disorder Services	CoRR	Provides services to adults and adolescents with concurrent issues of substance use and mental illness, utilizing evidence-based approach in an integrated manner
	Expand Adult and Children's Behavioral Health Services	Nevada County Behavioral Health	Expanded children's and adult mental health services
	Expand Crisis and Mobile Crisis Intervention Services	Sierra Mental Wellness Group (SMWG)	Crisis services at the Crisis Stabilization Unit (CSU), available 24/7; provides direct crisis intervention services to program participants by phone and via face-to-face evaluations
		Turning Point	Insight Respite Center is a peer centered program where guests seeking relief from symptom distress are treated as equals on their path to recovery
	Emergency Department Outreach and Engagement	SPIRIT	On-call peer support to individuals in crisis in the Emergency Department or Crisis Stabilization Unit, including follow-up calls for additional support and linkage to services
	Truckee Outreach, Engagement, and Liaison	Sierra Mental Wellness Group (SMWG)	Personal Service Coordinator provides services including case management, peer support and counseling to unserved and underserved Truckee residents, including the Latino population
	Veterans' Services	Welcome Home Vets	Provides mental health services and therapy for veterans locally
	Housing and Supportive Services to the Severely Mentally Ill Homeless	NCHDC	Provides housing and supportive services for individuals with mental illness and assists them with rental applications, lease agreements, and general living skills to maintain their housing
Training of Staff, Community Stakeholders, and Individuals with Lived Experience	Various	Provide education, training and workforce development programs and activities that contribute to developing and maintaining a culturally competent workforce	
Outreach & Engagement	Community Education	Various	Provide education, training and workforce development programs and activities that contribute to developing and maintaining a culturally competent workforce
	Workforce Education		
	Expanded Mental Health Services in North San Juan	Sierra Family Medical Clinic	Provides outreach, engagement and care coordination services to individuals in the underserved area of North San Juan Ridge.
	Adult Wellness Center	SPIRIT	Adult peer wellness center that offers individual peer support, weekly support groups, referrals to community services, and WRAP (Wellness Recovery Action Plan)

Prevention and Early Intervention (PEI)				
Program Category	Program	Provider(s) as of FY 18/19	Program Description	
Early Intervention	Alternative Early Intervention for Youth	Gateway Mountain Center	Flexible, alternative treatment for youth and transition age youth including nature-based therapy	
	Bilingual Therapy	Nevada County Behavioral Health	Early, short term intervention and therapy for Spanish speaking individuals of all age groups	
	Early Intervention for Referred Children, Youth, Pregnant & Postpartum Women and their Families	Nevada County Public Health	Moving Beyond Depression: Evidence-based program providing in-home cognitive behavioral therapy to women in home visitation program experiencing prenatal or postpartum depression	
		Sierra Forever Families	Provides specialty mental health services for children and families with specific focus on children at risk of removal from their homes or in congregate care and pre and post adoptive families	
		Nevada County Behavioral Health	School-based therapist in Truckee	
	Homeless Outreach and Therapy	Nevada County Behavioral Health	Provides therapy, referrals, and linkage to behavioral health services, and outreach & engagement to guests at Hospitality House	
Outreach	First Responder Training	What's Up Wellness Checks	Mental Health First Aid is a course that presents an overview of mental illness and substance use disorders, introduces participants to risk factors & warning signs of mental health problems	
Prevention	Housing Assistance Program (HAP)	Turning Point (at Hospitality House)	Case managers assist Hospitality House clients in meeting their expressed mental health-related goals, including assistance with medication management and housing	
	Senior, Disabled and Isolated Home Visitor Program	FREED	Reduces isolation via in-home visits to seniors and persons with disabilities via in-home visits	
	Wellness Center: Peer Support and Outreach Services	Tahoe Truckee Unified School District	Wellness Center provides a youth-friendly point of entry for students to connect to supportive adults and access wellness services at school sites	
	Teaching Pro-Social Skills in the Schools	Nevada County Superintendent of Schools	Tahoe Truckee Unified School District	Second Step: Research-based curriculum that teaches social and emotional learning for children in the classroom
Child and Youth Mentoring	Big Brothers Big Sisters	Pairs at-risk elementary & middle school youth with high school mentor for weekly mentoring		
Access and Linkage	211 Nevada County	Connecting Point	Resource and information phone hub that connects people with community and health services through a free 24/7 confidential phone service and searchable online database	
	Access and Linkage to Underserved Populations: Seniors, Disabled and Isolated, Homeless, Forensic Involved, Veterans, and Youth	Nevada County Behavioral Health	Forensic Liaison aims to prevent & decrease law enforcement contact and incarceration for individuals experiencing mental health conditions	
		Social Outreach Worker	Registered Nurse or Social Worker makes home visits to older adults and adults with disabilities	
		Nevada County Veterans Service Office	Promotes the interest and welfare of veterans by enhancing their quality of life through counseling, education, benefit assistance, and advocacy	
		Hospitality House	Outreach and intensive case management services for homeless individuals and families including housing, benefit assistance, clothing, and food	
		Project MANA	Homeless outreach program that provides outreach, access, and linkage services for homeless individuals in the Truckee area	
		What's Up Wellness Checks	Screening program for high school students for suicide risk and other emotional health issues	
Stigma and Discrimination Reduction	Latino Outreach	Family Resource Center of Truckee	Promotora Program utilizes "community health workers" to help Latino families connect to health resources and offers health education, including mental health services and stigma reduction	
		PARTNERS Family Resource Center (NCSOS)		
Suicide Prevention	Suicide Prevention	Public Health	Suicide Prevention Coordinator raises awareness that suicide is preventable, reduces stigma around suicide and mental illness, and implements suicide prevention and intervention training programs	