

WHO WE SERVE

Nevada County Behavioral Health helps people who live in Nevada County, have Medi-Cal, and who are dealing with serious mental health or substance use problems. We also help people who may be at risk for these issues. Our services include prevention and early support, especially for young people who are starting to show signs of emotional or behavioral challenges.

CONTACT US



24-Hour Crisis Line
(530) 265-5811

24-Hour Access Line
(530) 265-1437



Adult BH and SUD
500 Crown Point Circle
Grass Valley, CA 95945

Children's BH
Brighton Greens
988 McCourtney Road
Grass Valley, CA 95949

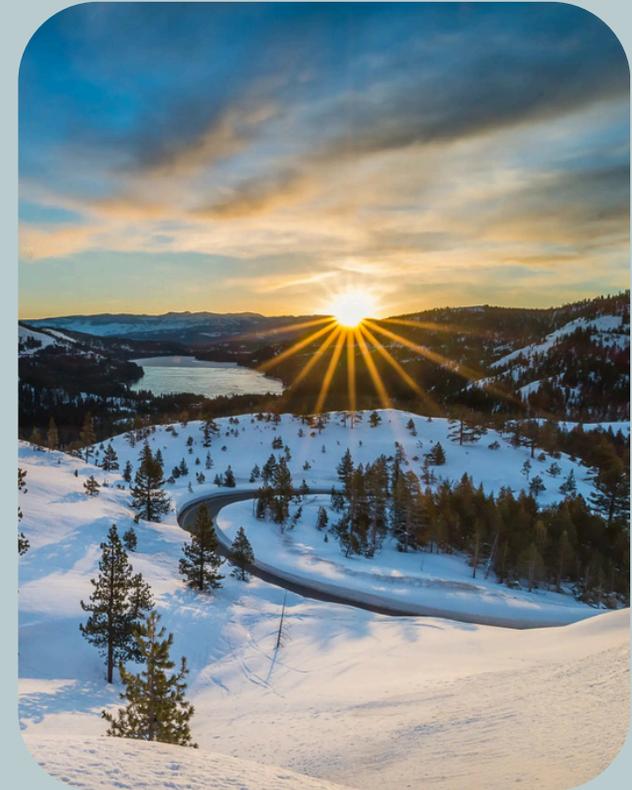
The Joseph Center
10075 Levon Avenue
Truckee, CA 96161

Commons Resource Center
1103 Sutton Way
Grass Valley, CA 95945



**NEVADA
COUNTY**
CALIFORNIA

**Behavioral
Health**



24- Hour Access Line
(530) 265-1437



<https://nevadacountyca.gov/430/Behavioral-Health>

MENTAL HEALTH SERVICES

At Nevada County Behavioral Health, we believe that healing and growth happen best in a safe and caring place. Our team is here to support you every step of the way. We work with you to understand your story, find and build on your strengths, and help you work through things that are making life difficult.

Services for youth and adults may include:

- Individual and group therapy
- Psychiatry
- Medication services
- Peer support
- Service coordination
- Housing, residential, and homeless services
- Court and justice involved programs

We know how important loved ones, family, and community are in the healing process. Caregivers and family members are integrated into our youth services. In our adult services, we will work with you to find, build, and include support people and community in your healing journey. Across all of our services, we believe that working together helps build a stronger and healthier path for growth and connection.

SUBSTANCE USE SERVICES

We offer caring, non-judgmental support for people dealing with substance use disorder. Our services follow a harm reduction approach. We respect you, meet you where you are, and help you make safer choices, feel better, and reach your personal goals.

No matter where you are on your journey, we are here to support you with kindness, respect, and hope.

Services may include:

- Withdrawal management
- Residential (live-in) treatment
- Outpatient treatment or intensive outpatient programs
- Care Coordination
- Medication Assisted Treatment
- Recovery residences



CRISIS SERVICES



Mobile Crisis

Mobile Crisis services are free and available 24/7 to anyone in Nevada County who is having a mental health or substance use crisis. The Mobile Crisis Team includes trained mental health workers who respond to people in crisis. Their goal is to support the person in crisis, ensure that they are safe, connect them with additional supports if needed, and provide follow-up care.



Crisis Stabilization Unit (CSU)

The Crisis Stabilization Unit offers a safe place where people can get emergency mental health care for up to 23 hours. It is a warm and welcoming space for a person to work through their experience of crisis and decide what steps to take next.