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Red Cross volunteers at work during the 1918 flu pandemic. Source: Apic/Getty Images

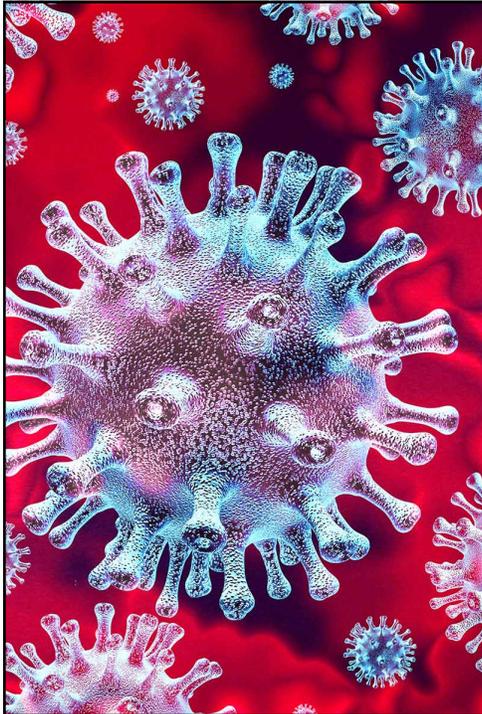
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Today's Game Plan

- Overview of COVID-19, the symptoms, and how it's spread
- Review how your exposure risk changes, based on the type of environment you're in
- Protecting yourself and voters
- What to do if you feel sick or test positive
- Additional guidance

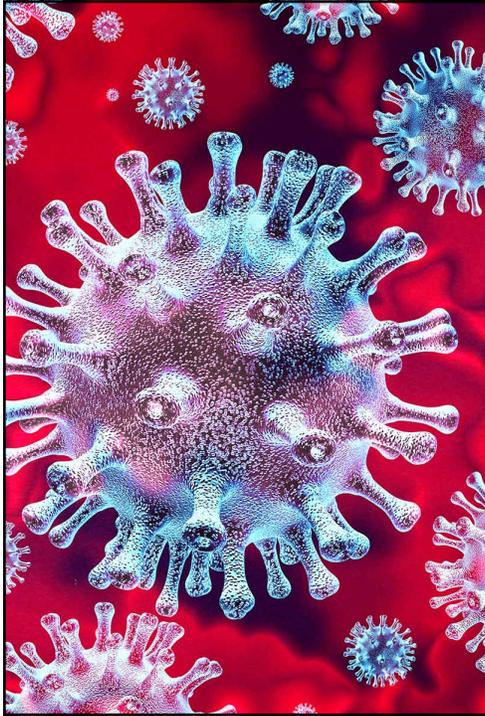
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What is COVID-19 (Coronavirus)?

- A virus related to other coronaviruses that cause the common cold but can cause severe health effects
- It is highly contagious, easily spread from person to person
- Vaccinated persons are protected in most cases, but there have been some "breakthrough cases"
- Vaccinated persons might still spread COVID-19 to others

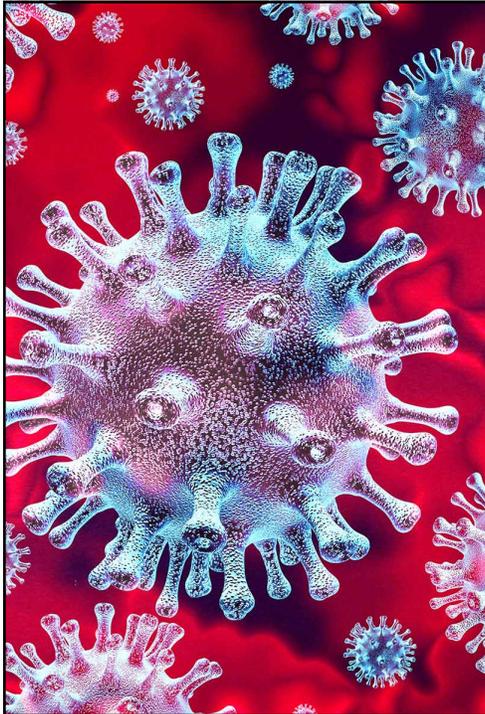
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What is COVID-19 (Coronavirus)?

- Symptoms may include fever, cough, shortness of breath, headaches, chills, muscle aches, sore throat, fatigue, congestion, runny nose, loss of sense of taste or smell, nausea, vomiting, and/or diarrhea
- Some infected people show no symptoms (asymptomatic)
- Symptoms typically begin 2 - 14 days after exposure

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What is COVID-19 (Coronavirus)?

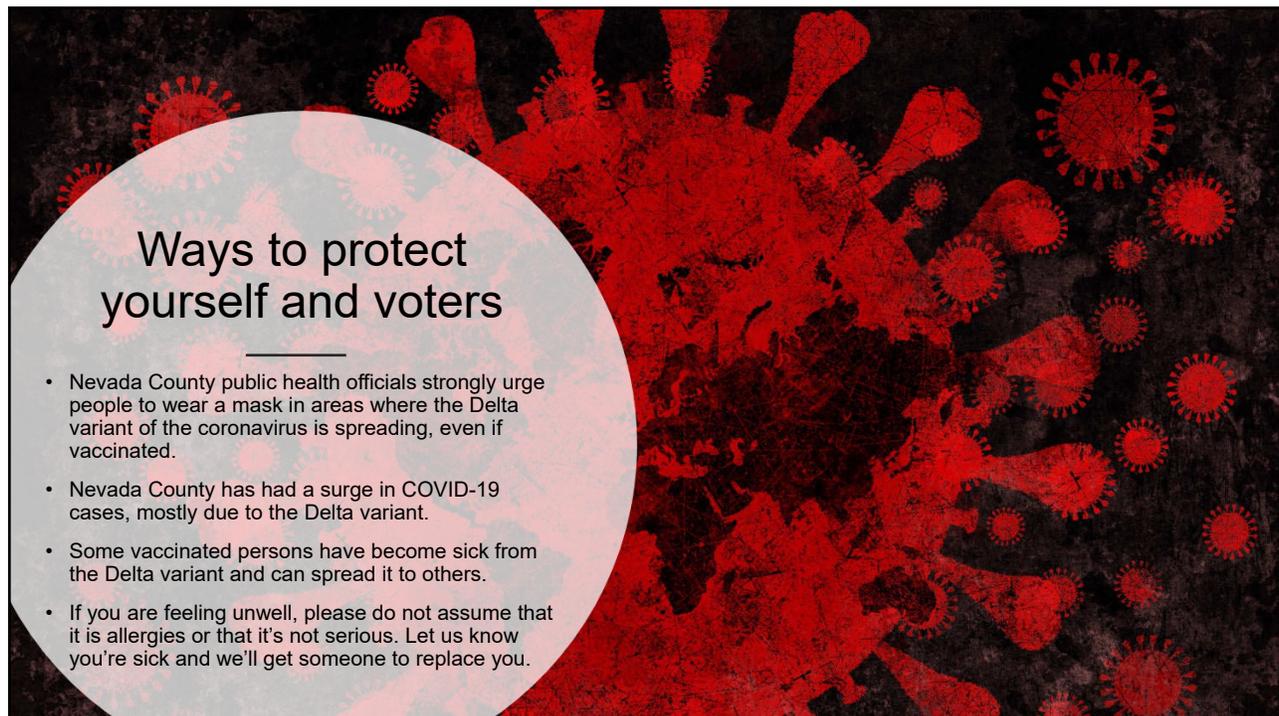
- It is spread from person to person, mainly through respiratory droplets from someone who is infected
- It can spread to others from coughing, sneezing, singing, yelling, or from just talking
- To date, COVID-19 has infected over 35 million and has killed over 600,000 people in the United States

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Risky Jobs and Work Environments

Very High Risk	High Risk	Medium Risk	Low Risk	Very Low Risk
<ul style="list-style-type: none"> Healthcare workers caring for coronavirus patients First responders transporting infected persons Employees at facilities where no sanitization protocols are in place. 	<ul style="list-style-type: none"> Mortuary workers performing autopsies of infected persons Work areas w/10+ employees and 6ft separation cannot be maintained Employees performing tasks requiring close proximity w/other employees for more than 10 min/hr 	<ul style="list-style-type: none"> Employees working w/in 6ft of others several times a day w/out protective barriers Employees working w/3-6 others providing personal services to healthy clients wearing a face covering Jobs where tools are shared and sanitized between users 	<ul style="list-style-type: none"> Jobs where you can mostly stay at least 6 feet away from coworkers; only needing to briefly pass by them a few times a day Crews outside on large jobsites where 6-foot separation is easily maintained. Jobs where tools are not shared between employees. 	<ul style="list-style-type: none"> Working alone or outside where 6ft separation is always maintained 1-9 employees working inside buildings w/adequate ventilation Jobs where tools aren't shared w/others Jobs w/low or controlled interaction w/the public

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Ways to protect yourself and voters

- Nevada County public health officials strongly urge people to wear a mask in areas where the Delta variant of the coronavirus is spreading, even if vaccinated.
- Nevada County has had a surge in COVID-19 cases, mostly due to the Delta variant.
- Some vaccinated persons have become sick from the Delta variant and can spread it to others.
- If you are feeling unwell, please do not assume that it is allergies or that it's not serious. Let us know you're sick and we'll get someone to replace you.

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Ways to protect yourself and voters

- You may be required to wear a mask, regardless of vaccination status. Follow all public health guidelines as they arise.
- If you are not vaccinated, then you are required to wear a face mask and practice social distancing.
- We may have you self-attest to vaccination or complete a daily questionnaire, depending on current public health needs.
- Cover coughs and sneezes using a tissue or use your elbow. Wash your hands and use sanitizer after using the restroom or eating.
- Stay home if you are sick and self-quarantine if you've been exposed to someone with coronavirus.

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Ways to protect yourself and voters

- Keep social distancing of 6 feet or more
- Practice frequent hand washing for 20 seconds with soap and water
- Use hand sanitizer (with at least 60% alcohol) if soap and water is not available
- Frequently sanitize voting equipment and work surfaces

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County Requirements

- Provide proper PPE for elections workers and offer items like face masks and sanitizer for in person voters
- Train all workers on specific protective measures and PPE required at the workplace
- Provide hand-washing facilities and sanitation supplies. (i.e., disinfecting wipes, hand sanitizers, disinfecting sprays)
- Set up physical distancing measures (i.e., post signs, floor markings)
- Send home sick workers

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Google search results for "covid 19 self assessment".

COVID-19 alert
Coronavirus disease

Overview
 Statistics
Health Info
 Coping
 News
 Testing
 Share

Symptoms | Prevention | Treatments

Take a self-assessment

COVID-19 affects different people in different ways. Infected people have had a wide range of symptoms reported – from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake

Map of cases (last 14 days)

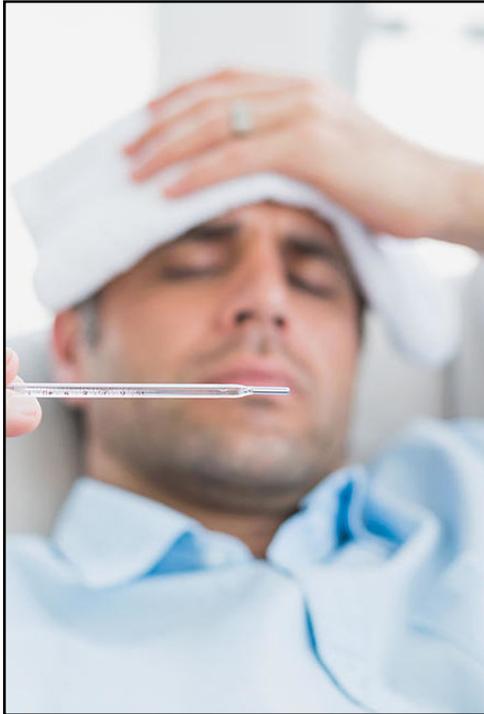
Nevada County
 Total cases 52
 (September 3 – 16)

Sources: Wikipedia and The New York Times. About this data

Cases overview

Nevada County		
Total cases	Recovered	Deaths
503 +6	-	5 +0
California		
Total cases	Recovered	Deaths

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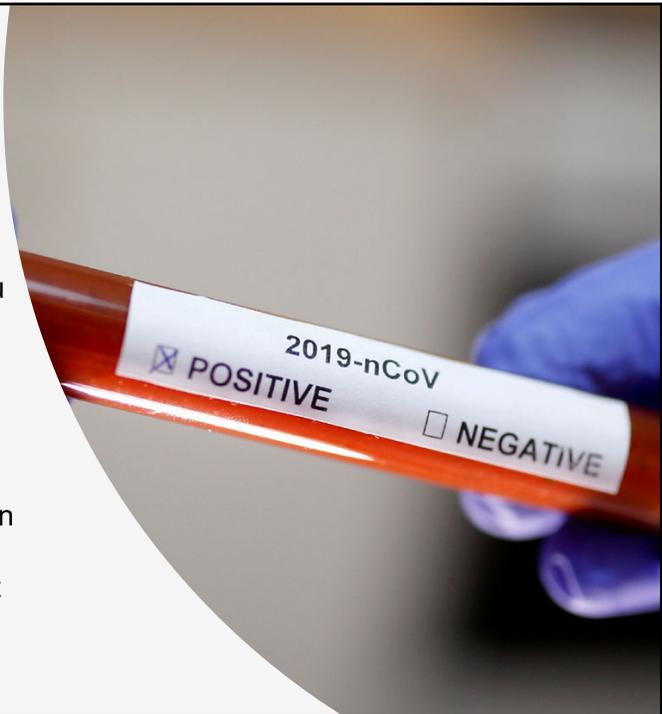
What do you do if you feel sick?

- If you believe you have the coronavirus or otherwise feel unwell, stay home and call your healthcare provider.
- Let the Elections Office know that you can no longer serve.
- If you have been infected, you may not have had symptoms for several days but may have passed the infection onto co-workers.

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If you test positive for COVID-19

- Your healthcare provider will advise you on procedures to follow.
- Immediately let the Elections Office know as so we can take appropriate action.
- The Elections Office will consult with Public Health and may have to replace the entire vote center team or shut down the site.
- Please note that this information is kept **confidential**.



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Additional Guidance

- COVID-19 Guidance from the Centers for Disease Control:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- COVID-19 Self-Assessment:
<https://landing.google.com/screener/covid19?source=google>
- California-specific guidance and data: <https://covid19.ca.gov/>
- Nevada County COVID-19 Dashboard:
<https://www.mynevadacounty.com/2924/Coronavirus>