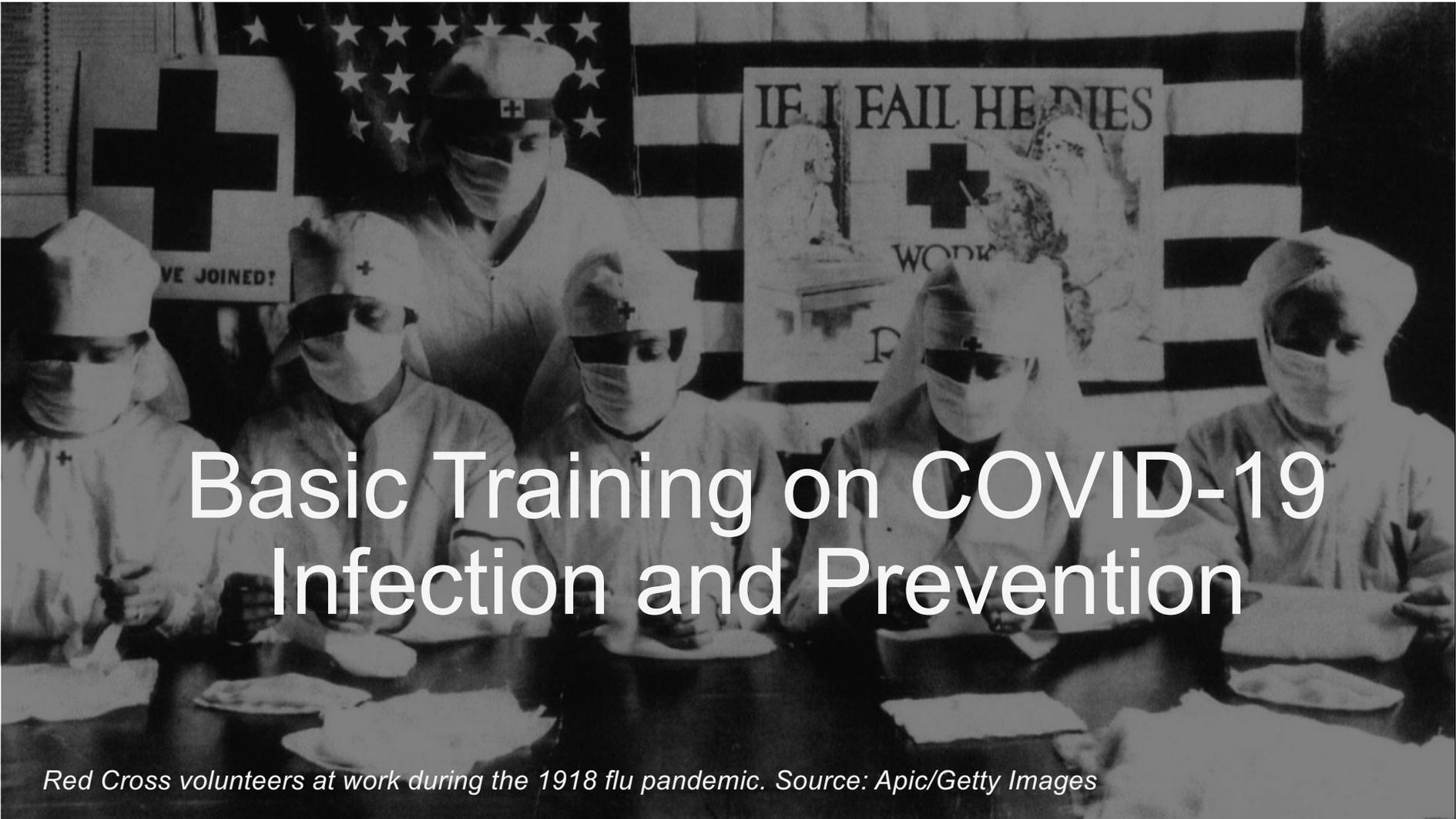


Vote Center Training



**NEVADA
COUNTY**
CALIFORNIA

**Clerk Recorder
Registrar of Voters**



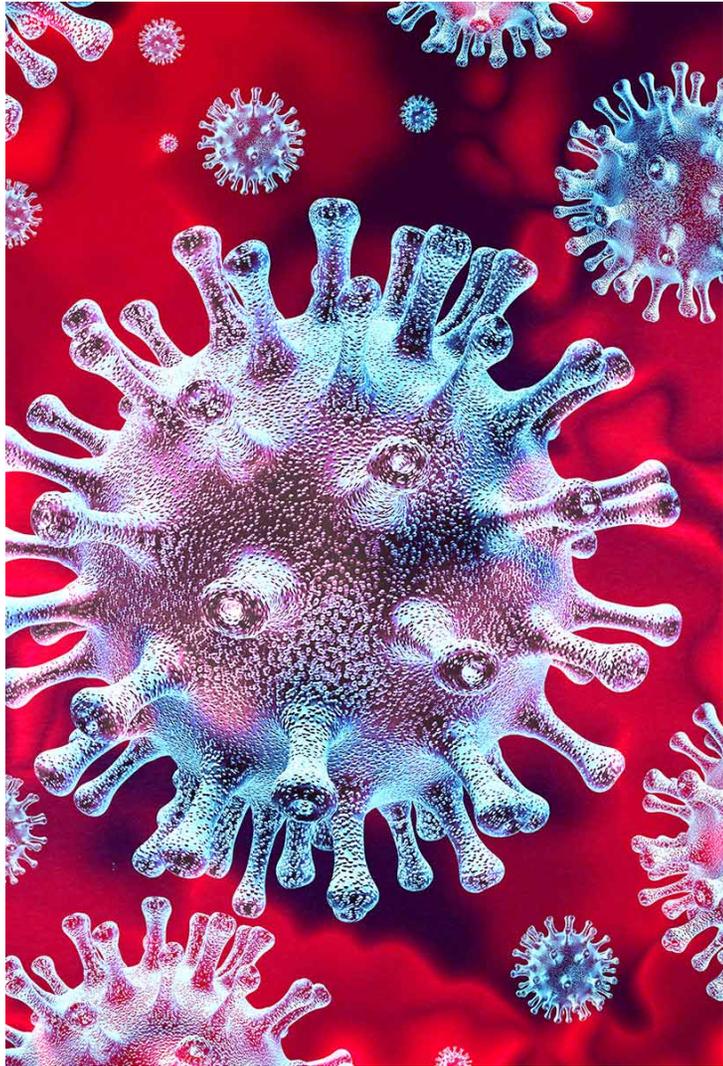
Basic Training on COVID-19 Infection and Prevention

Red Cross volunteers at work during the 1918 flu pandemic. Source: Apic/Getty Images



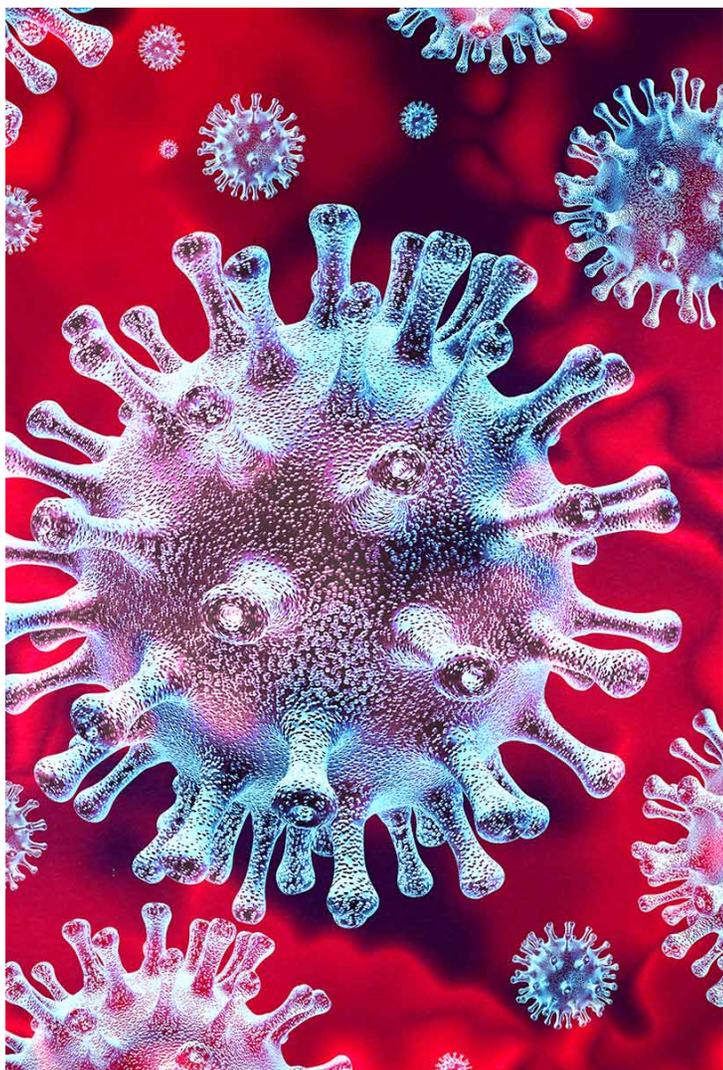
Today's Game Plan

- Overview of COVID-19, the symptoms, and how it's spread
- Review how your exposure risk changes, based on the type of environment you're in
- Protecting yourself and voters
- What to do if you feel sick or test positive
- Additional guidance



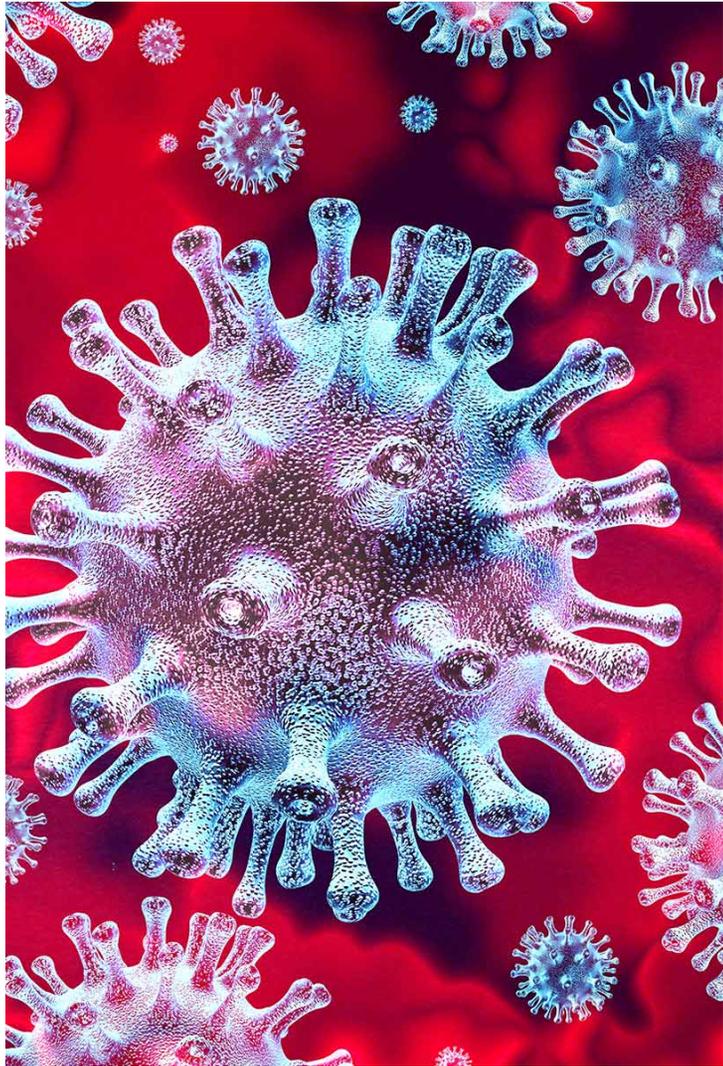
What is COVID-19 (Coronavirus)?

- A virus related to other coronaviruses that cause the common cold but can cause severe health effects
- It is highly contagious, easily spread from person to person
- Vaccinated persons are protected in most cases, but there have been some “breakthrough cases”
- Vaccinated persons might still spread COVID-19 to others



What is COVID-19 (Coronavirus)?

- Symptoms may include fever, cough, shortness of breath, headaches, chills, muscle aches, sore throat, fatigue, congestion, runny nose, loss of sense of taste or smell, nausea, vomiting, and/or diarrhea
- Some infected people show no symptoms (asymptomatic)
- Symptoms typically begin 2 - 14 days after exposure



What is COVID-19 (Coronavirus)?

- It is spread from person to person, mainly through respiratory droplets from someone who is infected
- It can spread to others from coughing, sneezing, singing, yelling, or from just talking
- Though COVID appears to be less serious than two years ago, there are still new infections, so it's important to practice good hygiene to keep everyone healthy

Risky Jobs and Work Environments

Very High Risk

- Healthcare workers caring for coronavirus patients
- First responders transporting infected persons
- Employees at facilities where no sanitization protocols are in place.

High Risk

- Mortuary workers performing autopsies of infected persons
- Work areas w/10+ employees and 6ft separation cannot be maintained
- Employees performing tasks requiring close proximity w/other employees for more than 10 min/hr

Medium Risk

- Employees working w/in 6ft of others several times a day w/out protective barriers
- Employees working w/3-6 others providing personal services to healthy clients wearing a face covering
- Jobs where tools are shared and sanitized between users

Low Risk

- Jobs where you can mostly stay at least 6 feet away from coworkers; only needing to briefly pass by them a few times a day
- Crews outside on large jobsites where 6-foot separation is easily maintained.
- Jobs where tools are not shared between employees.

Very Low Risk

- Working alone or outside where 6ft separation is always maintained
- 1-9 employees working inside buildings w/adequate ventilation
- Jobs where tools aren't shared w/others
- Jobs w/low or controlled interaction w/the public

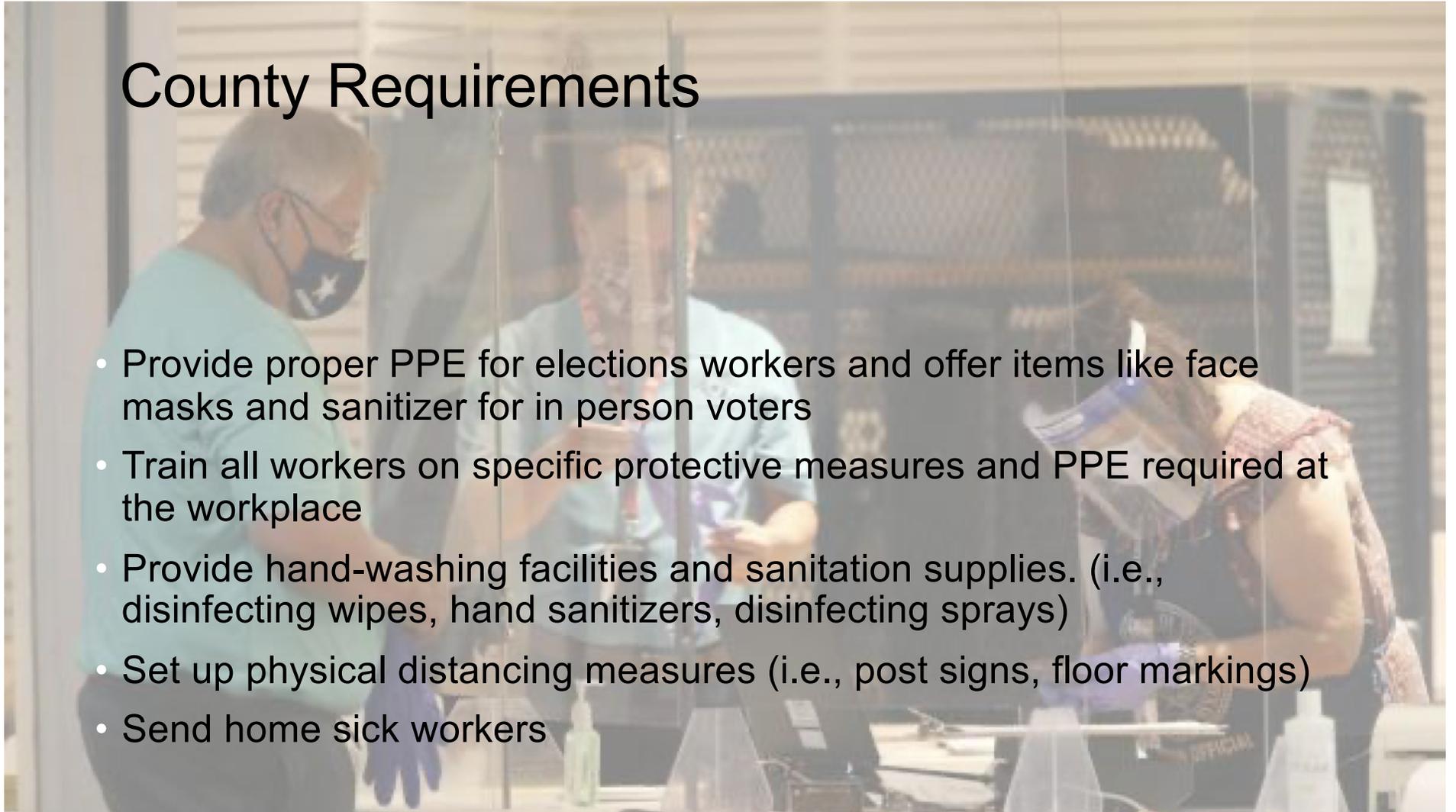


Ways to protect yourself and voters

- Masks are recommended in indoor spaces, regardless of vaccination status. Follow all public health guidelines as they arise.
- Cover coughs and sneezes using a tissue or use your elbow. Wash your hands for 20 seconds using soap and water.
- Use hand sanitizer (with at least 60% alcohol) if soap and water is not available or as you see fit
- Keep social distancing of 6 feet or more
- Frequently sanitize voting equipment and work surfaces
- Stay home if you are sick and self-quarantine if you've been exposed to someone with coronavirus.

County Requirements

- Provide proper PPE for elections workers and offer items like face masks and sanitizer for in person voters
- Train all workers on specific protective measures and PPE required at the workplace
- Provide hand-washing facilities and sanitation supplies. (i.e., disinfecting wipes, hand sanitizers, disinfecting sprays)
- Set up physical distancing measures (i.e., post signs, floor markings)
- Send home sick workers



COVID-19



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COVID-19 by County

Variants of the Virus +

Symptoms -

Coronavirus Self-Checker

Testing +

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If You Are Sick +

Specific Groups of People +

Travel +

Coronavirus Self-Checker

Updated Dec. 29, 2021 [Languages](#)  [Print](#)

The Coronavirus Self-Checker is an interactive clinical assessment tool that will assist individuals ages 13 and older, and parents and caregivers of children ages 2 to 12 on deciding when to seek testing or medical care if they suspect they or someone they know has contracted COVID-19 or has come into close contact with someone who has COVID-19.

The online mobile-friendly tool asks a series of questions covering topics such as isolation and quarantine, vaccination status, symptoms, test results, exposure, underlying medical conditions, etc. Based on the user's responses, the tool then provides information about interpreting test results and when to quarantine and isolate, as well as recommended actions and resources.

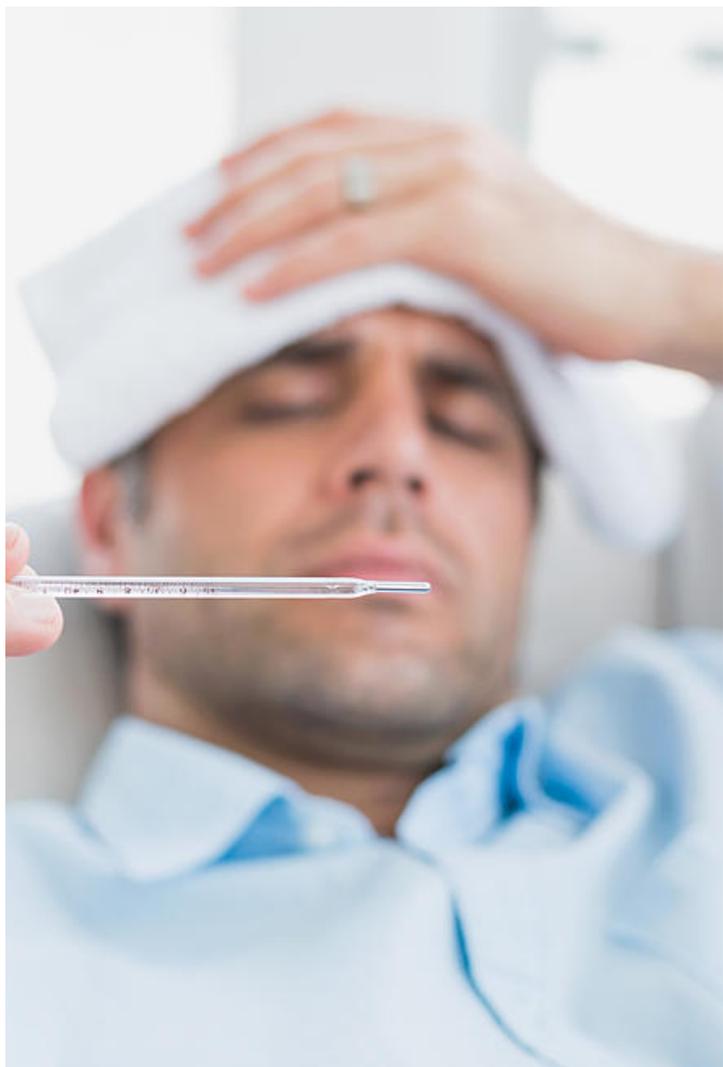


Coronavirus Self-Checker

A tool to help you make decisions on when to seek testing and medical care.

[Get Started](#)

Health departments and healthcare systems can add the Coronavirus Self-Checker to their own websites in two easy ways:

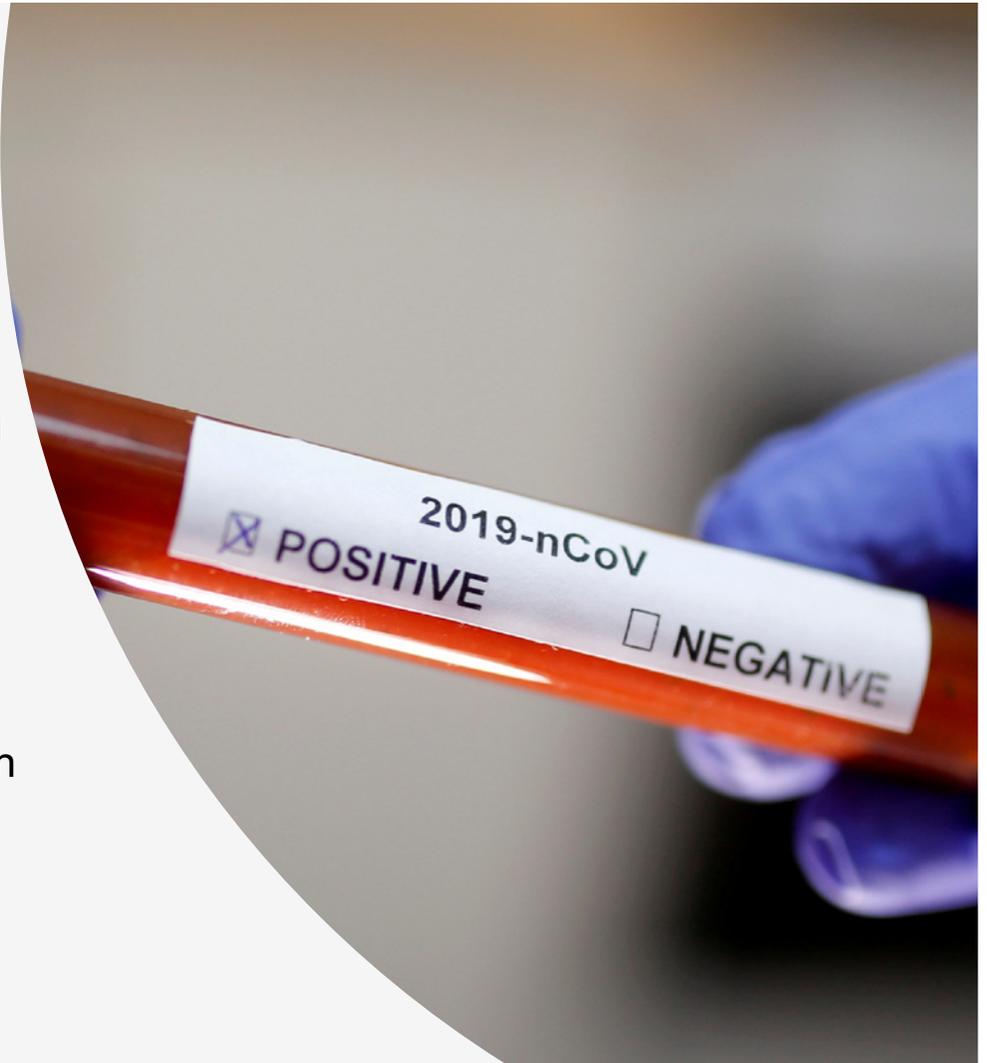


What do you do if you feel sick?

- If you believe you have the coronavirus or otherwise feel unwell, stay home and call your healthcare provider.
- Let the Elections Office know that you can no longer serve.
- If you have been infected, you may not have had symptoms for several days but may have passed the infection onto co-workers.

If you test positive for COVID-19

- Your healthcare provider will advise you on procedures to follow.
- Immediately let the Elections Office know as so we can take appropriate action.
- The Elections Office will consult with Public Health and may have to replace the entire vote center team or shut down the site.
- Please note that this information is kept **confidential**.



Additional Guidance

- COVID-19 Guidance from the Centers for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- CDC Self Checker: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html?s_cid=ccbot_004#cdc-chat-bot-open
- California-specific guidance and data: <https://covid19.ca.gov/>
- Nevada County COVID-19 Dashboard: <https://www.mynevadacounty.com/2924/Coronavirus>