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Course Certification Info

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Defensive Tactics-Ground Control Techniques

Type: RFC Annual Status: Approved
Version: 1.0 Cert. Number: 128-68952
Certification Date: 4/24/2019
Expiration Date: 4/19/2025

Course Information

Est. Class Size: 20 Course Hours: 4
Primary Population: Adult Corrections Officer
Agency Specific: No Delivery Method: ILT - Instructor Led Training

Course Summary:

Instruction of officers in weaponless self-defense techniques that are effective, simple in form and maybe necessary in the course of escalating use of force. Officers will learn down to ground defensive positions, kicking from the ground, rolling side to side alternating legs. Officers will also learn side falls, back fall, front roll, back roll and walking or running into a roll. Department policy will be reviewed.

Contact:
Phone: 5302651291

Provider Information

Provider Name: Nevada County Sheriff's Office
Contact: 950 Maidu Avenue
Phone: 530-265-1291 Nevada City, CA 95959
Fax: (530) 470-8538

Course will exceed the STC maximum tuition per hour? No

Performance Objectives

A) Demonstrate how to control and inmate from prone ground control positions. B) Demonstrate shoulder wrap take down to prone. C) Demonstrate leg control holds on a prone inmate using ankle and upper leg breakdowns and rollovers. D) Demonstrate how to apply pain compliance techniques on passive resistant inmate from front, rear and side. E) Articulate departmental policy.

Testing Procedures (if applicable)

Performance (Behavior Skills)

Assurance Statement

By submitting this course you are assuring that you are following the STC Policies and Procedures Manual for Training Providers, including the requirement to have a lesson plan on file for this course. I further certify that the information included in this request is accurate to the best of my knowledge.

Assured by Provider: Yes

Versions

Table with 5 columns: Cert #, Course Title, Expires, Last Changed, Status. Rows show previous versions of the certification.

Change History

Table with 3 columns: Change, Action, Changed Date. Includes a View All button.

Attachments*Attachments for this certification***Edit****Instructors***Course instructors***Edit****Delete**

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Course Outline**Edit**

Day	Begin	End	Subject Matter	Instructional Methodology	Instructor	Agency Notes
1	0800	0835	Warm ups/Introduction/Policy and Procedures	Group Discussion		
1	0835	0900	Down on ground to defensive position(kicking from the ground, rolling side to side alternating legs). Stand up to Personal body weapons(shin rakes, knee, palm, elbows and body strikes).	Group Exercise,Trainee Practice		
1	0900	0930	falls-side fall, back fall, front roll, walking into and running into falls and rolls. (slap mat)	Group Exercise,Trainee Practice		
1	0930	1000	Ground control-sprawl (hip press), hip switch, 360 shoulder wrap prone and 2 on 1 rock out.	Group Exercise,Trainee Practice		
1	1000	1030	Leg control-Ankle break down, ankle and arm breakdown, neck wrap rollover, neck wrap to shoulder wrap prone and upper leg breakdown.	Group Exercise,Trainee Practice		

7 event(s) total

Schedule*Course dates and locations***Edit**

Event ID	Start Date ▼	End Date	Location	Registration Count
	12/10/2018	12/10/2018	Nevada City	

2 date(s) total