

Alignment Drill:

Equipment:

One B-27 style target per member.

Duty belt, duty pistol, and at least three full magazines.

Purpose:

To build and further reenforce fundamentals of marksmanship.

Procedure:

Members will focus on proper kinesthetic alignment to the target. An emphasis will be placed on natural position in relation to natural body mechanics. This will be tied together in a step-by-step basis. Members will focus on the following steps, while tying it in with the following points of focus as they progress through the steps:

- Kinesthetic alignment (body position in relation to the target)
- Sight picture
- Trigger press
- Trigger reset (emphasis added to resetting through the wall)

After completing the steps above and demonstrating understanding of the principals, members will be instructed to draw their weapon and get on target. Members will then be instructed to close their eyes and engage the target with three rounds center mass in rapid succession. Instructors will diagnose targets after each repetition.

Cadence Drill:

Equipment:

One B-27 style target per member

Duty belt, duty pistol, and at least three full magazines.

Purpose:

To build upon fundamentals, while improving speed and maintaining accuracy.

Procedure:

While employing the previously instructed upon fundamentals, members will then work on improving speed while maintaining accuracy. Instructors will call out the following shooting cadences (one shot to be fired on every numeric called):

- **ONE**-one-thousand, **TWO**-one-thousand, **THREE**-one-thousand, **FOUR**-one-thousand, **FIVE**-one-thousand.
- **ONE**, and **TWO**, and **THREE**, and **FOUR**, and **FIVE**.
- **ONE, TWO, THREE, FOUR, FIVE.**

Basic Movement Drill:

Equipment:

Three B-27 style targets. One target to the far left, one target in the middle, and one target to the far right.

Four traffic cones and three barrels.

Patrol Rifle with one magazine loaded with 12 rounds.

Duty pistol, duty belt, and at least one fully loaded pistol magazine.

Purpose:

To give members instruction and experience on their ability to engage targets while incorporating various types of movements and shooting positions.

Procedure:

The member will start from the prone position, with a hot rifle and pistol, at 50 yards. At the threat command, member will engage the far left target with two rounds from the prone position with their patrol rifle. Member will then sprint to the 37 yard line and will engage the far left target with four rounds while moving forward. Once at the 25 yard line, member will then move laterally to the right and engage the middle target with two rounds while on the move. Once the member is to the far right end of the 25 yard line, the member will engage the far right target with two rounds off-hand from a barricaded position. The member will transition back to strong side, then advance forward towards the fifteen yard line, engaging the far right target with two rounds while moving. The member will then transition to their duty pistol and engage the far right target with three rounds while advancing forward toward the seven yard line. Once at the seven yard line the member will then move laterally to the left engaging the middle target with three rounds. Once to the far left end of the seven yard line the member will then fire their remaining rounds into the far left target from a stationary position. See attached diagram for range set-up.

