

Action Steps

If the GST Level 2 Online ICP is your preferred method of GST Certification, please take the following steps:

- 1. Submit Application & Payment:** Since GST is only accessible to active-duty law enforcement, military and first responders, you will need to submit a short application (/Pages/Public/Application?itm=50) verifying your credentials prior to gaining access to the material. If your training partner also intends to pursue certification, they will need to submit an application of their own.
- 2. Unlock the Program:** Once we review your application and verify your credentials, you will be accepted into the program and you will have 12 months to unlock the program and begin your training. Once unlocked, on the date of your choosing, you will have 60-days to complete the program. During the 60 days, you will have access to both Level 1 and Level 2 course material.
- 3. Upload Your Evaluation Videos:** On or before the 60-day deadline, you will upload six (6) videos in the online Testing Center (/Pages/Private/ExamEV?itm=189) based on the specific GST evaluation criteria we've outlined in the program. If your performance meets Gracie University quality standards, you will join the global family of GST Level 2 Certified Instructors!



GST Level 2 Recertification

Cost: \$1500

GST is a perishable skill, and as a result, the GST Level 2 certification period lasts exactly **two (2) years from the time of course completion**. To ensure that all certified instructors are capable of maintaining the Gracie University quality standard within their organizations, and to maintain access to all the benefits offered to certified instructors, **we require active instructors to recertify every two years.**

Below are the two ways you may choose from to meet your GST Level 2 Instructor Recertification Requirements. Regardless of the method of recertification, upon completion you will be authorized to teach Level 1 and Level 2 material for two more years.

1. Live Level 2 Recertification - \$1500

One way to meet the Level 2 recertification requirement is to attend any scheduled GST Level 2 Live ICP course. Once you demonstrate proficiency in the techniques and teaching methodologies, you will be certified for an additional two-year period. To review locations for upcoming GST Level 2 Live ICP courses nearest you, click the button below.

SELECT LOCATION

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2. Online Level 2 Recertification - \$1500

In the event that travel restrictions, time requirements, financial difficulties, or any other logistical challenges preclude you from attending a live GST course, the GST Level 2 Online ICP is a perfect alternative. You will have 60 days to complete the online course and submit the six videos that we will use to assess your proficiency in the techniques and teaching methodologies of the GST Level 2 program. To submit your application for GST Level 2 Online Recertification, click the button below.

[REGISTER NOW \(/PAGES/PUBLIC/APPLICATION?ITM=51\)](/PAGES/PUBLIC/APPLICATION?ITM=51)

Recertification Benefits

Regardless of which method you choose, here are the benefits of recertification:

- Newly Issued 2-Year Instructor Certificate for Levels 1 & 2
- New Level 2 GST Instructor T-shirt
- Extended GST Online Curriculum Access for Levels 1 & 2
- Extended Access to The LAB Exclusive Collaboration Curriculum
- Extended License to Teach GST Levels 1 & 2
- Extended Expert Witness Support from GU

Action Steps

To select from any of the recertification methods above, click the corresponding red button and we'll see you on the mat!

GST Level 2 Lesson List

The GST Level 2 Instructor Certification Program comprised of three parts 1) the techniques, 2) the teaching methodologies and 3) the evaluation.

Although any training is better than no training, traditional sport BJJ techniques can be a liability when the user fails to consider the adaptations that are necessary for use in a law enforcement setting.

Listed below are the names of each lesson in the GST Level 2 curriculum as well as some of the specific adaptations/considerations (in parenthesis) that have been made to each technique in order to ensure maximum effectiveness for law enforcement officers.

Introductory Lesson

Lesson 1: Twisting Arm Control (w/ Cuffing Transition)

Lesson 2: Kneeling Control (w/ Cuffing Transitions)

Lesson 3: Advanced Guard Get-up (vs. Trained Subjects)

Lesson 4: Advanced Clinch Control (w/ Weapon Retention)

Lesson 5: Outside Trip Takedown (vs. Trained Subjects)

Lesson 6: Multiple Officer Arrest Procedure (w/ Handcuffing Considerations)

Lesson 7: Rear Takedown (For Fleeing Subjects)

Lesson 8: Turtle Control (Against Larger Subjects)

Lesson 9: Multiple Officer Takedown (Against Active Resistance)

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Lesson 13: Noncompliant Handcuffing (+Zero Escort Hold)

Lesson 14: Dynamic Weapon Retention (Standing)

Lesson 15: Dynamic Weapon Retention (Ground)

Lesson 16: Edged Weapon Defense (Standing & Ground)

Lesson 17: Tactical Vehicle Extraction (Solo & Tandem Options)

Use of Force Law (The Gracie Breakdown of Graham v. Connor)

Tactical De-escalation (Mitigating the need for a higher level of force)

Teaching 1: Gracie Slice Presentation Formula™ (The secret to creating amazing instructors)

Teaching 2: Essential Presentation Skills (Turns “good” instructors into “great” instructors)

Teaching 3: Error Correction Strategies (How to teach so cops actually want to learn)

Evaluation 1: Level 1 Recertification (Your demonstration of essential L1 techniques)

Evaluation 2: Technical Proficiency (Your demonstration of the techniques)

Evaluation 3: Freestyle Fight Simulation (Your demonstration of your reflexes)

Evaluation 4: Slice Presentation Formula (Your demonstration of your teaching skills)

Evaluation 5: Error Correction Strategies (Your demonstration of people skills)

Evaluation 6: Instructor Interview (Our chance to get to know you better)

| GST LEVEL 2 | Live ICP | Online ICP |
|-----------------------------|--------------------|-------------------|
| Pre-qualifications | None | None |
| Duration | 5 Days on Location | 60 Days Online |
| Training Partner | Provided | Required |
| Instructor Handbook | Yes | Yes |
| Evaluation Process | In-Person | Video Upload |
| Certification Length | 24 Months | 24 Months |
| Online Access | Yes | Yes |
| Expert Witness | Included | Included |
| Instructor T-shirt | Yes | Yes |
| Challenge Coin | Yes | Yes |
| Certificate | Yes | Yes |

For National Security reasons, additional information requires our personal attention. Please contact the GST Director by sending an email to: GST@gracieuniversity.com (mailto:GST@gracieuniversity.com?subject=GST%20Additional%20Information) or calling (817) 692-8303.

L1 Online Certification

GST Level 1 Online Certification - \$1500

Complete the Level 1 program online to become a Certified GST Instructor from anywhere in the world using our

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[SUBMIT APPLICATION \(/PAGES/PUBLIC/APPLICATION?ITM=49&P=2076\)](/PAGES/PUBLIC/APPLICATION?ITM=49&P=2076)

Unlock L1 Online Instructor Course

When you click the button below, the GST Online Instructor Course will be unlocked in your Dashboard, and your 60-day timer will begin. You must complete the course and submit your final Evaluation Videos by day 60. If you fail to complete the course by day 60, you will need to request an extension for which an additional fee of \$395 will be required.

[UNLOCK LEVEL 1 COURSE](#)

GST Level 1 Online Recertification - \$1500

If you've previously been certified (online or in person) as a GST Level 1 Certified Instructor, you may use our online course to recertify from anywhere in the world to extend your certification benefits for two more years.

[SUBMIT APPLICATION \(/PAGES/PUBLIC/APPLICATION?ITM=46\)](/PAGES/PUBLIC/APPLICATION?ITM=46)

Unlock L1 Online Recertification Course

When you click the button below, the GST Online Instructor Course will be unlocked in your Dashboard, and your 60-day timer will begin. You must complete the course and submit your final Evaluation Videos by day 60. If you fail to complete the course by day 60, you will need to request an extension for which an additional fee of \$395 will be required.

[UNLOCK LEVEL 1 COURSE](#)

L2 Online Certification

GST Level 2 Online Certification - \$1500

If you've already completed the GST Level 1 course (in person or online) you may complete the GST Level 2 program online to become a Certified GST Instructor from anywhere in the world using our video evaluation process.

[SUBMIT APPLICATION \(/PAGES/PUBLIC/APPLICATION?ITM=50&P=2740\)](/PAGES/PUBLIC/APPLICATION?ITM=50&P=2740)

Unlock L2 Online Instructor Course

When you click the button below, the GST Online Instructor Course will be unlocked in your Dashboard, and your 60-day timer will begin. You must complete the course and submit your final Evaluation Videos by day 60. If you fail to complete the course by day 60, you will need to request an extension for which an additional fee of \$395 will be required.

[UNLOCK LEVEL 2 COURSE](#)

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[UNLOCK LEVEL 2 COURSE](#)

BULK DISCOUNT RATES

For multiple or bulk purchases, your organization can qualify for a discounted rate. Please Contact Us (<mailto:gst@gracieuniversity.com?subject=GST%20Group%20Access%20Opportunity>) for a bulk discount rate and/or if your organization must make a payment other than by credit card.

[POINTS OF CONTACT \(/PAGES/PUBLIC/INFORMATION?IP=111\)](/PAGES/PUBLIC/INFORMATION?IP=111)

[INTERESTED IN HOSTING? \(/PAGES/PUBLIC/INFORMATION?IP=110\)](/PAGES/PUBLIC/INFORMATION?IP=110)

STILL NOT CONVINCED?

Watch these awesome videos, and you'll be ready to join the GST revolution!

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