

March 13, 2025

MEASLES ADVISORY

There are over 250 measles cases reported in the United States at this time, with 5 in California. The 5 measles cases reported in California are related to international travel. We would like to call your attention to the risk of measles in our unvaccinated local population. **Please ensure your patients are up to date on their MMR vaccine and advise parents to vaccinate infants 6mo-12mo with a MMR vaccine prior to traveling internationally.** If you suspect a patient with measles please report to Nevada County Public Health Department **immediately** for any suspected cases:

CALL Nevada County Public Health at 530-265-1450. Listen and follow instructions, if after hours Nevada County Sheriff dispatch will contact NCPHD staff.

Signs and Symptoms of Measles:

- Cough
- Coryza
- Conjunctivitis and photophobia
- Fever – may spike to >104°F
- Red, blotchy, maculopapular rash – starting on face, along hairline, and behind the ears then spreads downward to trunk, arms, and legs. May be pruritic.

Risk factors:

- History of international travel
- Interaction with international visitors
- Unvaccinated for measles
- Travel within an area of identified measles outbreak (i.e. Texas)

Infectious period:

- Four days before rash onset through four days after rash onset (day of rash onset is day 0)

Incubation period:

- Range 7-21 days

Laboratory testing:

- **Public health must be contacted for measles virus consultation and testing approval.**

Resources:

[Measles](#) (CDC)

[Measles Information Prior to International Travel](#) (CDC)

[Measles Traveler Information](#) (CDC)

[Measles Quicksheet](#) (CDPH)

[Immediate Respiratory Isolation Recommended for Persons with Suspected Measles](#) (CDPH)

[Measles Laboratory Testing Guidance](#) (CDPH)

[Nevada County Public Health Measles Resources for Healthcare Providers](#) (NCPHD)

[Measles Isn't Just A Little Rash Graphic](#) (NCPHD)